



V F W N A T I O N A L H O M E

NOVEMBER

Hello to All, the holidays are just down the road a bit and I'm sure that we were all preparing for family dinners, and family gatherings of some kind. Let's not forget the families at VFW National Home. As you are all aware the BIG Birthday bash will be celebrated on January 7, 2025, so please they are still accepting Birthday Cards if you have not sent your contact me so I can make sure you send one. The children are back at school and working their way through their studies and enjoying school days.

As I was looking through the website of the National Home, they now have a Wellness Program Therapist, who helps Veterans through the everyday living of setting schedules of daily routines for daily home, creating a visual board for the children to help them visualize a daily routine for themselves, and for self-care. This young lady will work with the home until she completes her internship and will leave the home with more knowledge and teaching items to continue the program. The Early Education Center has now increased hours for parents who need additional time for themselves, by attending programs such as nutrition and meal planning. These and many other items are offered for these families at National Home. So, if you ever wonder where your dollars are going look at the website or read Home Front, a newsletter that comes out I believe quarterly. There is much to see on the website and many stories that will have you dab your eyes as you see the stories that are shared.

Let's not forget our families as the Holidays approach have it in your heart to maybe send a small or large donation to the VFW National Home.

Yours in Service

Barbara Santillanes

Dept of NM National Home Chair